



**CHOITHRAM SCHOOL
NORTH CAMPUS**
RUN BY T. CHOITHRAM FOUNDATION



GRAVITAS

FOURTH EDITION

SEPTEMBER 2024

 **CNMUN**

The ninth iteration of the Choithram School North Model United Nations was held from August 12 to August 14, 2024 and 570+ delegates participated in 14 committees during the event. The theme of the event was "Legacy of Diplomacy," and the conference aimed to provide the students with a forum to discuss integral global issues.



 **INDEPENDENCE DAY
PATRIOTIC ENTHUSIASM**

On August 15, 2024, Choithram School North Campus celebrated the 78th Independence Day with jubilation and patriotic enthusiasm. The program started with the entire school gathering to witness the hoisting of the national flag. Ms. Suchita Joshi, the school's Montessori Coordinator, was the Guest of Honor, being the senior most member of the CSNC family.



 **RAKSHA BANDHAN: A SYMBOL OF LOVE,
PROTECTION AND TRADITION**

Rakshabandhan is a special festival that celebrates the bond between brothers and sisters. In Montessori, this celebration was filled with joy and learning. Grade 5 D conducted a special assembly to mark the auspicious occasion of Raksha Bandhan. Students tied rakhi to the tree and promised to protect trees. Overall, the Rakshabandhan celebration is a beautiful blend of tradition, creativity and love.



INVESTITURE CEREMONY

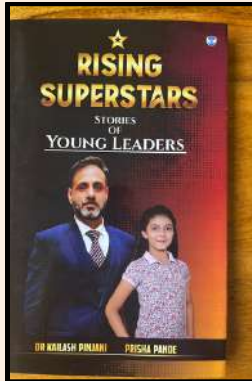


The investiture ceremony is a noteworthy event in the school calendar as it recognizes the students who have been selected to hold key leadership positions within the school. On July 18, 2024, Our school conducted the most auspicious ceremonial occasion of the school, the induction ceremony, to welcome the new student council members with tremendous zeal and enthusiasm.

SHINING STARS

अंतरिक्ष थीम पर सजाया रूम

5वीं के छात्र रयांश अरोड़ा हमेशा से तारों व ग्रहों के रहस्यों को जानने उत्सुक रहते हैं। वे कहते हैं कि चंद्रयान-2 मिशन ने मुझे सिखाया है कि असफलता के बावजूद प्रयास करते रहना कितना जरूरी है। रयांश ने रूम को अंतरिक्ष थीम पर सजा रखा है।



ABOUT THE AUTHOR

Prisha Pande, aged 9, collaborated this book with the guidance and support of Dr. Kailash Pinjani and Mr. Kailash Ganjwani. Born in Pune, she relocated to Indore in 2020, where she currently resides with her parents, Anand Pande and Nitesh Pande. Prisha is a student in class 5th at Chaitanyam School North Campus, Indore. Prisha has a keen interest in reading and writing books, with Socha Maruti being her favourite author. She also enjoys dancing, travelling, and spending time with friends. She is known for her caring and joyful nature and her enthusiasm for engaging in group activities. Her passion signifies motivation from her uncle. In addition to her hobbies, Prisha has achieved notable academic success, including winning a gold medal in the National Science Olympiad (NSO) with a government school. She has also qualified for the state 2 LogIQ's exam. Moreover, she has held the position of Cultural Prefect at her school and has secured first positions in school-level competitions for quiz and spell checks. This book is a testament to Prisha's joyful journey with writing and her love for storytelling.

Our class V B student Prisha is now a co-author of a book. She has co-authored a book named 'Rising Superstars' with her mentor Dr Kailash Pinjani.



Kavya Banshiwal of class V C was also felicitated for his participation in the 12-hour Tiranga Run organized by Indore Super Chargers. He completed an impressive 9 km run.



Ryansh Arora of class 5 D is diving into the world of robotics. He has made a water level indicator and his zeal for astronomy has landed him in the newspaper.

VIETNAMESE DELEGATES



Our school had the honor of hosting a group of foreign delegates from Tan Da High School, Vietnam.



ENTREPRENEURSHIP SESSION

The SIC (School Innovation Council) conducted a special session on July 25, 2024, whereby the renowned educationist and edupreneur, Mr. Atul Jain, addressed the students of classes 9–12 with his enlightening session on entrepreneurial skills and career development.

INSPIRING MINDS



Yash Bajaj, a bright alumnus of the CSNC, briefed the students on the Indore Democratic Summit (IDS), which took place from August 9 to 11. Siddhi Vinayak and Navdha Ajmera gave a summary of the Indore Democratic Summit.

Shefali Pathak ma'am is a dietician and explained our small kids about the importance of having a variety of food in their daily diet.



On August 6, 2024, Mr. Rajesh Dandotiya, Additional DCP Crime Branch, Indore, conducted a Cyber Security Awareness Program for grades 9–12 at Choithram School North Campus.



The school organized a session of 'Hasya Yoga' for the children of grades 1 to 5. The Hasya yoga expert, Mr. Mourya, and his group tailored their acts to appeal to a younger audience, incorporating elements of their interests.



Under the auspices of the SIC (School Innovation Council), the AIR Club hosted an interesting and captivating workshop for the club students on robotics and artificial intelligence (AI) on August 30, 2024. Prof. Kushagra Malik, who is a B.tech in electronics, and Mr. Irfan Hussain, who graduated from IIT Hyderabad with a B.tech in aeronautical engineering, led the workshop.



Mr. Rohit Jaiswal was invited to share his insight about taking care of some of the birds and animals found in our surroundings.



ARTISTIC FLAIR



Humaira Ahmed III C



Parv Verma VII C



Shreenika Salviya I A



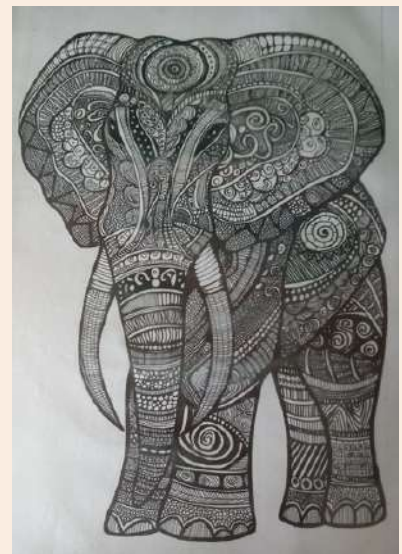
Shreyas Modi VII C



Achal Khandelwal VI C



Raina Parihar X D



Archita Mukati XI D



Anant Bhutda I A



Shambhavi Raghav II C



Ishani Raghuwanshi II B



Shravi Vyas I A



Aadra Mishra VI B



Anusha Rathore V B



AWARDS AND ACHIEVEMENTS



Our students from Class 3rd to 5th gave a resplendent performance in the "Sub Junior Science Congress Competition" held at the Vidyasagar Public School.



Devraj Parekh



Anika Salviya



Aura Jain



Sanvi Sohani



Dhrupad Bhalerao



Divam Agrawal

Students who demonstrated excellence in a range of Olympiads were honored.



The school's U-18 girls' football team was declared runner-up in a match against VDS School.



The school's U-15 girls' basketball team secured a thrilling victory, winning the finals against Ryan International School with a score of 24-2.



The CSNC U-18 basketball girls' team won the finals against the host team, IPS, with a score of 25-5.



The school held an inter house English Extempore competition for grades 6-8 in order to sharpen the students' public speaking abilities. The victors of the competition were felicitated.



Shiva Sharma (4A) was felicitated for his outstanding performance in the 'Madhya Pradesh 52 Swimming Championship'



Uzair Khan of Class IX A was honored for earning Special Mention in the Treaty of Diplomats MUN, which took place at Artemisia College.



Radha Phadke (4B) was honoured for her achievement of silver and bronze medals in the 'Madhya Pradesh State Open Karate Championship'.



AWARDS AND ACHIEVEMENTS



In the inter school badminton competition, Hardik Nagar of grade XII secured the second position, and Devansh Bukhariya of grade XI achieved the third position in the under-19 boys' category.



In Categories VI-VIII, Gagan House secured the 1st position, and in Categories IX-X, Gagan and Neer House secured the 1st position.



The winners of Hindi Poem Recitation Event were felicitated by our very own teachers.



The remarkable achievements of our students at the prestigious Indore Democratic Summit, which was held from August 9–August 11, 2024. Md. Uzair was honored with the title of Best Parliamentarian. Arav Tiwari and Mahim Patidar earned high commendation for their excellent performances. An honorable mention was awarded to Vatsal Jain, Veer Sonkar, Prayag Singhal, Archit Sharma, and Chaitanya Gautam

AWARDS AND ACHIEVEMENTS



The felicitation for the Hindi Handwriting and the Story Telling Competitions for the students of grades 3 to 5 was held on 22nd August'24 at Choithram School North Campus.



CSNC Team has been recognised as one of the 'BEST 4' performances in Sahodaya E- Brochure Competition.

On National Sports Day, a football match was played between school captain XI and coach XI. The match ended in a 2-2 draw, but the coach XI ultimately won the match in a tiebreaker with a score of 4-2. Suveer Puri, school captain XI, was awarded 'player of the match' for scoring two magnificent goals.



CELEBRATIONS

GURU PURNIMA



INTERNATIONAL PLASTIC BAG FREE DAY



INTERNATIONAL LEFT-HANDERS DAY



SINGAPORE NATIONAL DAY



INTERNATIONAL TIGER DAY



WORLD YOUTH SKILLS DAY



NATIONAL SPORTS DAY



INTERNATIONAL DAY AGAINST NUCLEAR TESTS



WORLD HUMANITARIAN DAY



HARIYALI MELA



JANMASHTAMI CELEBRATION





किशोरावस्था: एक ऐसा दौर...

किशोरावस्था एक ऐसा दौर जिसमें व्यक्ति बचपन से युवावस्था की ओर बढ़ता है। इस उम्र में शरीर वह हमारा महत्त्वपूर्ण तैजी से बदलाव लेता है जो हमें जीवन की एक नई राह की ओर ले जाता है। अब यह रहा हमारे जीवन के लिए सकात्मक व नकारात्मक दोनों साबित हो सकती है। जैसे-जैसे समय बढ़ता गया किशोर भी बदलते चले गए। आज से 30 साल पहले के किशोर की तुलना आज से नहीं की जा सकती। अब इस धरती पर जीवन किसी के लिए भी आसान नहीं रह गया है चाहे वह एक बच्चा हो या कोई बड़ा।

हम हमारी किशोरावस्था में किसी राह को अपनाते हैं उसका हमारे भविष्य पर बहुत प्रभाव पड़ता है। किशोरावस्था हमारे आजीविका की नींव होती है। इस लेख में हम किशोर मन के विकर्षण व उनके समाधान की बात करेंगे।

1. सोशलमीडिया और इंटरनेट: आजकल सोशल मीडिया और इंटरनेट किशोरों के जीवन का एक बड़ा हिस्सा बन गया है। फेस बुक इंस्टाग्राम, स्नेपचैट और यूट्यूब पर अग्र गंटे नहीं बताए तो जैसे जीना ही मुश्किल हो जाएगा। कई बच्चे सोशल मीडिया पर आजकल ऐसी चीजे देखते हैं जो उनकी उम्र के लिए सही नहीं। इससे वह गलत भाषा, गलत व्यवहार सीखते हैं और पढ़ाई लिखाई पर भी बहुत असर पड़ता है। क्योंकि यह कुछ वर्ष हमारे जीवन के लिए बुनियादी सीढियाँ होती हैं इसलिए इनका असर जीवन पर बहुत नकारात्मक तरीके से पड़ सकता है।

2. वीडियो गेम्स: वीडियो गेम्स का आकर्षण किशोरों के लिए सही नहीं है। वह अपने दिन का अधिकांश हिस्सा वीडियो गेम्स में बताते हैं जिससे वह कुछ नया कर या सीख नहीं पाते। कई बच्चे वीडियो गेम्स की लत के कारण पैसे भी भरते हैं या गलत रास्ते अपनाते हैं।

3. दोस्तों का प्रभाव: इस उम्र में दोस्तों का प्रभाव भी बहुत महत्वपूर्ण होता है। कई बार गलत संगत में पड़कर बच्चे गलत दिशा में चल पड़ते हैं, जिससे उनका ध्यान भटक जाता है।

4. परिवारिक समस्याएँ: कई बार परिवारिक तनाव या समस्याएँ भी किशोरों का ध्यान भटकाती हैं। माता-पिता के बीच झगड़े या आर्थिक समस्याएँ बच्चों के मानसिक स्वास्थ्य पर बुरा असर डालती हैं।

सही जीवन जीने के लिए इन समस्याओं से लड़ना बहुत ही महत्वपूर्ण है। अगर सही उम्र में इस बात पर ध्यान दिया जाए तुम भविष्य पूर्ण तरह से बदला जा सकता है। इसलिए आप समाधान की बात करते हैं।

1. **समय प्रबंधन:** बच्चों को समय का सही प्रबंधन सिखाना बहुत जरूरी है। उन्हें एक समय सारिणी बनानी चाहिए जिसमें पढ़ाई, खेल, और अन्य गतिविधियों के लिए समय बांटा गया हो।

2. **सोशल मीडिया पर नियंत्रण:** माता-पिता को चाहिए कि वे बच्चों के सोशल मीडिया उपयोग पर नजर रखें और उसे सीमित करें। बच्चों को समझाएं कि सोशल मीडिया का उपयोग सीमित समय के लिए ही करें।

3. **शारीरिक गतिविधियाँ:** बच्चों को शारीरिक गतिविधियों में भाग लेने के लिए प्रेरित करें। खेल, योग, और अन्य शारीरिक गतिविधियाँ न केवल स्वास्थ्य के लिए अच्छी होती हैं, बल्कि मन को भी शांत रखती हैं।

4. **सकारात्मक संगत:** बच्चों को अच्छे और सकारात्मक दोस्तों के साथ समय बिताने के लिए प्रेरित करें। गलत संगत से बचाने के लिए माता-पिता को उनके दोस्तों पर नजर रखनी चाहिए।

5. **परिवारिक-समर्थन:** परिवार का समर्थन और समझ बच्चों के लिए बहुत महत्वपूर्ण होता है। माता-पिता को चाहिए कि वे बच्चों की समस्याओं को समझें और उन्हें समाधान निकालने में मदद करें। किशोरावस्था एक ऐसा समय है जब बच्चों का विकास होता है और उनके भविष्य की नींव रखी जाती है। इस समय में बच्चों का ध्यान भटकना स्वाभाविक है, लेकिन सही मार्गदर्शन और समर्थन से इसे नियंत्रित किया जा सकता है।

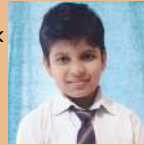


गगन मट्टर
आठवीं - 'अ'

MOBILE ADDICTION: THE LATEST POISON

Mobile phones, also known as cell phones, are a small piece of plastic and glass. They provide us with the latest happenings around the world. But, they are slowly becoming a poison! Children spend loads of hours of the day watching their mobile phones, distancing themselves from their family and friends. They often spend their time either scrolling some reels on Instagram, or playing a nice, long game on Hogwarts Mystery. These games not only feed their brains with bad stuff, it also damages their eyesight. Many children in India are wearing spectacles just because of excessive screen time. Mobile addiction is slowly becoming a problem in not only India, but many other countries as well. Many small children are often provided with gadgets like phones, tablets, etc. just to make them eat their food, or to keep them silent on various occasions.

This, not only reduces their attention – span, but also damages their already-weak eyesight. Mobile phones are pretty useful gadgets, but they should also be used mindfully, since disadvantages always come along with advantages. In the end, I would like to say that, mobile phones are the only thing which will keep you alive in this world, but they should also be used responsibly.



Atharv Singh Pawar
VI C

ELECTRIC VEHICLES

Electric vehicles. When these vehicles come in mind, what is the first thing that people think of? The future, and environment-friendly vehicles. Yes, electric vehicles are of the future and are environment-friendly. These vehicles make a very little sound if you listen very carefully, so it makes less noise pollution. But everyone has their opinions. Some people like other fuel vehicles more than electric because other fuel vehicles have more power. Since, everything has two sides, electric vehicles also have disadvantages. Like, they need a lot of electricity to charge up. The batteries are not environment friendly and cost very high. Electric vehicles can take as much as 6 to 8 hours to fully charge. Even after these advantages and disadvantages, some people prefer to use electric cars for short distances and local transportation.



Atharv Beohar
VII A

PROLOGUE

Nicholas was terrified. He opened his eyes, and saw his past lapse behind him. He tried to open his eyes, but he just couldn't! He, was a dragon-slayer. The only one to get hurt, but by far the damn best one. He felt his mind was slowly closing down, and that was it. Clay woke up. His mother was calling him so loudly that their neighbors could hear them. Clay went to his mother, and asked, "What happened to dad?" His mother replied, "Oh honey, your dad was the best dragon slayer in the world. He was also known as 'the protector of the world.', but some people were jealous of his abilities, and they tried to kill him, 10 times! Nicholas dodged them the first 9 times... but couldn't escape them the tenth time. He, is the reason why we are having such a great time on our planet." Clay was heartbroken after hearing his father's story. But he wanted to investigate more. He went to the place where his dad hunted, and found something both incredible and devastating. A manuscript, in which his father's birth date was CARVED! He took a pic of that manuscript and decided to go home to decode it. On his way, he faced his largest fear, a dragon! "I'm not here to hurt you", said the dragon, "I'm here to warn you. The world is not as innocent as you think. There are dark secrets lurking on every corner of this universe. And it is up to you, boy, to save all of mankind from this."



Madhav Naik
VIII B

चोल राजवंश- संस्कृति और वास्तुकला

दक्षिण भारत का कलात्मक और समृद्ध इतिहास कई महान साम्राज्यों के शासनकाल से जटिल रूप से बुना गया है। इन्हीं साम्राज्यों में से एक था पल्लव साम्राज्य। 275 ई. से 897 ई. तक दक्षिण भारत में पल्लव वंश का प्रभुत्व था। 9वीं शताब्दी ई. में चोल शासक आदित्य प्रथम द्वारा पल्लव शासक अपराजित वर्मन की हार के साथ चोल साम्राज्य का शासन शुरू हुआ। फिर, चोल साम्राज्य प्रमुखता से उभरा और दक्षिण भारत पर प्रभावी हो गया। यह समय भारत के लिए कला, नृत्य और वास्तु कला का स्वर्ण युग बन गया।

मध्यकालीन भारत के महान शाही राजवंशों में चोल साम्राज्य ने दक्षिण भारत के साथ उत्तर में भी गंगा नदी तक प्रभाव बढ़ाया। श्रीलंका, म्यांमार, मलायन प्रायद्वीप और दक्षिण के कुछ द्वीपों पर भी इनका प्रभाव था। चोलों ने सैन्य कौशल और क्षेत्रीय विस्तार के साथ एक महान सांस्कृतिक पुनर्जागरण किया, देखा और उसका समर्थन किया। संस्कृति, नृत्यकला और वास्तुकला को चोल साम्राज्य में संरक्षण मिला। तंजावूर, चोलों की राजधानी होने के साथ-साथ चोल काल का सांस्कृतिक केंद्र माना जा सकता है। देवदासी प्रथा के द्वारा भरतनाट्यम और कथकली नृत्य का विकास हुआ। नर्तक (विरलिट्ट), नाटककार (कुट्टर), गायक (पनार), कवि और अन्य कलाकार राज दरबार में और बृहदेश्वर, गंगाईकोंडा, चोलापुरम और दारासूराम जैसे मंदिरों में प्रतिभा प्रदर्शन करते थे। ये कलाकार आम तौर पर उच्च जाति के हुआ करते थे और उन्हें हर प्रदर्शन के लिए उदारतापूर्वक पुरस्कृत किया जाता था। नृत्य के लिए चोल राजवंश के सबसे उल्लेखनीय योगदानों में से एक नट्टुवनार कलाई मंडपम जैसे केवल नृत्य और संगीत के लिए बने केंद्रों की स्थापना थी। इन जैसे केंद्रों और अकादमियों ने संगीत और नृत्य से संबंधित प्रशिक्षण, अभ्यास, नवाचार और वैज्ञानिक अनुसंधान के लिए जगह प्रदान की।

वास्तुकला: चोल साम्राज्य में महान मंदिरों का निर्माण हुआ जिनकी देखभाल और प्रबंधन के लिए हजारों लोगों (नर्तक, संगीतकार और मूर्तिकार) को नियुक्त किया जाता था। चोल मूर्तिकला का सबसे महत्वपूर्ण प्रतीक शैव आकृतियाँ थीं। महान चोल शासकों ने कई मंदिरों का निर्माण किया जिनमें से तीन सबसे महान मंदिर थे बृहदीश्वर मंदिर (तंजावूर), बृहदेश्वर गंगाईकोंडाचोलेश्वर मंदिर और पेरुवतेश्वर मंदिर। यह अपनी विशाल, जटिल और वैज्ञानिक संरचना के लिए जाने जाते थे। संक्षेप में कहे तो भारतीय संस्कृति और परंपरा की नींव चोल राजवंश ही है जिसने नृत्य, कला, वास्तुकला, संगीत, और मूर्तिकला जैसी विविध कलाओं के साथ धर्म में भी अपना अभूतपूर्व योगदान दिया है।



Anika Sanyal
आठवीं अ



Why math matters - A teacher's perspective

Students perceive that mathematics is all about numbers, compute algorithms and complex problems. What if I say that math is way beyond solving problems on a piece of paper? Math is not a subject, it's a way of life that makes us rational and logical, hence assists in taking clearer judgment and decisions.

Math is everywhere. It is in nature's display of patterns such as the way leaves grow on a plant or how stars are scattered across space.

It is in the technology we touch every day from our smartphones to throughout the internet. Math is present in even the simplest routine activities like cooking or shopping.

Students will realize why math is important when it connects to real life. For example, percentage knowledge is useful on purchases when figuring discounts and a grasp of basic geometry for rearranging your furniture. At its core, math is a tool that aids us in solving real-life problems – and this itself makes it very important.

It also helps kids build their critical thinking skills.

Math is actually not about the correct answer, it's more related to how we think. While solving the math problems, students learn logical and critical thinking.

Whether you're deciding on something big, settling a conflict or planning for your future, the skills math teaches will help you address every problem in an organized and methodical manner.

A common thought among students is that, will they ever use math after school? In reality, we use math in most of our careers and even nearly all aspects of our daily lives. Math is used by engineers to construct bridges and cars. It is used by doctors to make sense of patient data and identify treatment options. Artists themselves also rely on math to compose harmonious, symmetrical designs.

And while you may never need to use this type of mathematics in your field or career, the skills that math class develops – problem-solving, logical thinking and attention to detail – will be helpful no matter what job comes next. One aspect we often need is the ability to think critically and figure out how things work for solving real world problems which math teaches us.

The moment that I enjoy more than teaching is when a student struggles with a problem , tries various combinations and permutations.... and finally the spark in his mind reflects as the glow and pride on his face....is the moment that I seek for. The idea is just realizing that math isn't a bunch of formulas to memorize, but instead the doorway to concepts and connections that ignites a fighting spirit with you. The idea is to stay open and go with the flow. Math is much of a puzzle, it takes days to figure it out but then you get the satisfaction.

Being a teacher, my motive is to eliminate the phobia that students have and render a helping hand to each and every student to learn and love this (maths)way of life.



Ms. Pratibha Singh
TGT Mathematics

मित्रता एक दिवसीय नहीं है।

मित्रता एक जिंदगी है,

मित्रता एक सुकून है

मित्रता एक साथ है,

जिसके बिना सब नासाज़ है।

मित्रता सभी दुखों की सहन शक्ति है,

जिसमें छाई प्रभु भक्ति है।

मित्रता वह वटवृक्ष है,

जिसकी जड़ें हमारा प्रतिरूप है,

जिसके फल हमारा स्वरूप है,

जिसकी छाया ही हमारा समर्पण है।

मित्र सुदामा तो मित्रता कृष्ण है।

मित्रता शरीर का वह आंतरिक अंग है,

जिसे स्वस्थ रखने के लिए मित्र रचता हर एक स्वांग है।

मित्रता सागर की वो गहराई है,

जिसके अंदर मित्र की परछाई है।

मित्रता किसी दिवस की मोहताज नहीं

वो तो हर रोज़ गूँजती एक नई शहनाई है।

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