

## LESSON PLAN

CLASS 3 SUBJECT -EVS

### TOPIC- KEEPING SAFE AND HEALTHY

**BRIEF DESCRIPTION:** The lesson gives information about the importance and need of following safety rules on the road, following safety rules at home and in school; What is first aid and its importance; The different keys to good health and importance of following them.

### **OBJECTIVES:**

#### **I- Specific Objectives-**

**To enable the students to –**

**SP2.1-**To know about the different safety rules to be followed on road. **K**

**SP2.2-**To learn about the different safety rules to be followed at home and in school. **K**

**SP2.3** To learn the use of sharp objects & harmful chemicals, avoid accidents caused due to falling down, electric shocks and burns & boils **K**

**SP2.4** To understand the importance of first aid and use of first aid box. **U**

**SP2.5** To learn the importance of following keys to good health. **AP**

#### **II- Behavioral Objectives**

**To enable the students to-**

**B2.1-** To be aware of different safety rules to be followed on the road. **K**

**B2.2-** To understand the importance of following safety rules at home and at school. **U**

**B2.3-** To understand the safety measures that will prevent accidents caused due to falling down, use of sharp objects, electric shocks, harmful chemicals. **U**

**B2.4-** To develop awareness about first aid & its importance, use of first aid box. **K**

**B2.5 –** To adopt the various keys to good health in their routine. **AP**

### **PROCESS/ACTIVITIES –**

**ACT 1- Role play activity-** Students will be divided in different groups. They will enact the different safety measures to be followed on road, at home and in school that will prevent accidents **SP2.1 SP2.2 SP2.3**

**ACT 2-** Students will be preparing a first aid box containing the basic things required. **SP2.4**

**ACT 3 – Reflective Fun Activity-** Students will be divided in 4 groups. Each group will be discussing and sharing the importance of following the keys to good health. **B2.5**

### **ASSESSMENT:**

A1- Worksheets will be discussed.

A2- Pen-Paper Test will be taken

**Digital content to be used: (Reference video)**

<https://youtu.be/zXwhap0liFc>

1. Keeping safe: Do's and Don'ts

<https://youtu.be/dhpCdqOtujO>

2. Keys to good health

**EXPECTED LEARNING OUTCOMES:**

Students will:

- 1- learn about the safety rules that can be followed at different places.
- 2- understand the importance of following safety rules at different places.
- 3- follow different keys to good health in their routine.
- 4- follow various safety rules in their daily routine.

**Placement of objective, Instructional Activities and Assessment**  
**Topic/Duration/ Assessment**  
**Topic: KEEPING SAFE AND HEALTHY**

	Knowledge	Understanding	Application	Analysis	Synthesis	Evaluation
Objectives	SP2.1 SP2.2 SP2.3  B2.1 B2.4	SP2.4  B2.2 B2.3	SP2.5  B2.5			
Instructional Activities	ACT 1	ACT 2	ACT 3			
Assessment		A 1 A 2				