

**LESSON PLAN**  
**CLASS 4     SUBJECT -EVS**

**TOPIC- L-2 SAFETY & HEALTH**

**BRIEF DESCRIPTION:** The lesson gives information about the relationship between following safety rules and staying healthy; Various safety rules to be followed outdoors, near fire, near water bodies, healthy food habits. Communicable diseases and their causes, symptoms and preventive measures.

**OBJECTIVES:**

**I- Specific Objectives-**

**To enable the students to –**

**SP2.1-**To know about the different safety rules. **K**

**SP2.2-**To learn the different safety rules to be followed when we go outdoors, healthy food habits **K**

**SP2.3** To learn about the different safety rules to be followed near water bodies and fire. **K**

**SP2.4** To understand about different communicable diseases. **U**

**SP2.5** Learn about the causes, symptoms and preventive measures to be followed for different communicable diseases. **AP**

**II- Behavioral Objectives**

**To enable the students to-**

**B2.1-** to be aware of different safety rules to be followed at different places. **K**

**B2.2-** to develop awareness about communicable diseases. **K**

**B2.3-** develop understanding and awareness about causes, symptoms and preventive measures of different communicable diseases. **K U**

**B2.4 -** adopt the different safety rules to avoid accidents in their routine. **AP**

**B2.5-** adopt the different measures to prevent communicable diseases like not eating from road side vendors **AP**

**PROCESS/ACTIVITIES –**

**ACT 1– Reflective Fun Activity-** Students will be divided in groups. They will be enacting (role play) the safety rules. **SP2.1 SP2.2 SP2.3**

**ACT 2-** Students will be divided in groups for preparing a chart and discussing the different communicable diseases caused by consuming contaminated food and water, their symptoms and preventive measures. **SP2.4 SP2.5**

**ASSESSMENT:**

A1- Worksheet will be discussed.

A2- Pen-Paper Test will be taken.

A3- Term Evaluation will be taken.

**Digital content to be used: (Reference video)**

<https://youtu.be/zXwhapoIiFc>

1. Keeping safe: Do’s and Don’ts

<https://youtu.be/8919Zm8Gi4U>

2. Types of diseases.

<https://youtu.be/CwHnx5MdvDo>

3. Communicable diseases

**EXPECTED LEARNING OUTCOMES:**

Students will:

- 1- learn about the different safety rules to be followed at different places.
- 2- understand the importance of following safety rules.
- 3- follow safety rules in their routine.
- 4- learn the causes and symptoms of various communicable diseases.
- 5- adopt the measures to prevent communicable diseases.

**Placement of objective, Instructional Activities and Assessment**

Topic/Duration/ Assessment Topic: Safety & Health						
	Knowled ge	Understandi ng	Application	Analys is	Synthesis	Evaluation
Objectives	SP2.1 SP2.2 SP2.3  B2.1 B2.2 B2.3	SP2.4  B2.3	SP2.5  B2.4 B2.5			
Instructional Activities	ACT 1	ACT 2				
Assessme nt		A 1 A 2 A 3				