

LESSON PLAN
CLASS 5 SUBJECT -EVS

TOPIC- Bones And Muscles

BRIEF DESCRIPTION : The lesson gives information about bones and muscles and their functions, structure, skeletal system, Joints and their functions.

OBJECTIVES:

I- Specific Objectives-

To enable the students to –

SP3.1-To know about the skeletal system of the human body **K**

SP3.2-to learn about joints, their types and their importance **K**

SP3.3 To learn about the muscles of body, location and functions **K**

SP3.4 Importance of all body parts in the proper functioning of body. **U**

SP3.5 Learn importance of skeletal system of the body. **AP**

II- Behavioural Objectives

To enable the students to-

B3.1- to be aware of the importance of body parts in overall working of human body; **K**

B3.2- learn the functions of bones, muscles and their functions. **U**

PROCESS/ACTIVITIES –

(these can be put under-activity to introduce, activity to support learning, activity to assess learning)

ACT 1-Students will be asked to find out the joints in their body and name them. Sp3.1

ACT 2- Calcium and Vitamin D help in bone development. Find the relationship between calcium and Vitamin D with the help of internet and other sources. **Sp3.2**

ASSESSMENT:

A1- Worksheet/ Google forms will be taken.

A2- Pen-Paper Test will be taken

Digital content to be used: (Reference video)

[\(154\) Bones | The Dr. Binocs Show | Learn Videos For Kids - YouTube](#)

Skeletal system of body

EXPECTED LEARNING OUTCOMES:

Students will learn about skeletal system and its importance in our body.

Placement of objective, Instructional Activities and Assessment

Topic/Duration/ Assessment						
Topic: Parts of Our Body						
	Knowledge	Understanding	Application	Analysis	Synthesis	Evaluation
Objectives	SP3.1 SP3.2 SP3.3 B3.1 B3.3	SP3.4 B3.2	SP3.5 B3.4			
Instructional Activities	ACT 1 ACT2					
Assessment		A 1 A 2				